



Important: Submit this completed form to your employer.

## Fitness for work certificate Work involving ionising radiation

As per the Swedish Radiation Safety Authority’s regulations (SSMFS 2018:1) concerning basic provisions for licensed activities involving ionising radiation.

### The worker’s contact details

Name		Personal identity number (YYMMDD-XXXX) <sup>1</sup>	
Postal address		Postcode, city & country	
Telephone	Email address		

<sup>1</sup> In the event the worker has no Swedish personal identity number (*personnummer*), provide the individual’s date of birth instead using this format: YYYY-MM-DD.

### Assessment of fitness for work in accordance with Chapter 4, Sections 30 and 31 of SSMFS 2018:1 (to be filled in by the doctor)

The basis for this certificate is a:	
Medical examination	Health declaration
I hereby certify that the above individual has undergone medical surveillance as per Chapter 4, Section 30 of SSMFS 2018:1, in which connection the following assessment of fitness for work has been conducted.	
The examined individual is fit for work      The examined individual is <b>unfit</b> for work The examined individual is fit for work, subject to the following conditions:	
The next medical examination shall be conducted no later than	
Month	Year

### Health declaration

The doctor’s medical qualifications as per Chapter 4, Section 34 of SSMFS 2018:1, a licensed practitioner of medicine with:	
Specialist competence in industrial and environmental health medicine	
Specialist competence in occupational health medicine, occupational and environmental health medicine, or the equivalent	
Expertise as an occupational physician or in industrial health medicine	
Completed training as an occupational physician under a programme run by the Swedish National Institute for Working Life, or an equivalent programme, with a minimum of two years of practice at a civilian establishment for occupational medicine, or comparable service within the Swedish Armed Forces.	
City, date	
Signature	Name (please print) and stamp



The fitness for work certificate has a validity of one year as of the date of issue.

The individual examined has, under Chapter 4, Section 36 of the regulation SSMFS 2018:1, the right to appeal if the doctor is of the assessment that the individual is not medically fit to perform work involving ionising radiation. Such appeal may be made in writing to the Swedish Radiation Safety Authority, SE-171 16 Stockholm, Sweden. The reason for the appeal must be attached.

## Instructions

### Background

The Swedish Radiation Safety Authority's regulations (SSMFS 2018:1) concerning basic provisions for licensed activities involving ionising radiation are based on the EU's Council Directive 2013/59/Euratom laying down basic safety standards for protection against the dangers arising from exposure to ionising radiation. SSMFS 2018:1 belongs to the body of regulations implementing this Directive in the Swedish regulatory framework.

Assessments of fitness for work are conducted for the purpose of worker safety. Their intention is to prevent someone who is particularly sensitive to detriment from radiation exposure from being employed or continuing to be engaged in work involving ionising radiation. It is also taken into consideration whether certain pieces of personal protection equipment might give rise to specific health issues. In order to make an adequate assessment, the examining doctor must not only look into the kind of work the examined individual intends to carry out, but also identify exposure pathways linked to this work.

According to the above-mentioned Directive, all individuals belonging to Category A whose work involves ionising radiation are required to undergo regularly occurring medical examinations. Category A workers are defined as workers who are likely to receive an annual effective dose of 6 mSv, or annual equivalent dose, as per Chapter 2, Sections 2 to 5 of the Radiation Protection Ordinance (2018:506). In this connection, the probability of accidents and incidents is to be taken into consideration. Many practices and activities normally involve no doses or negligible doses; however, an emergency situation or a mistake might lead to high doses.

Category A workers are required to undergo medical surveillance, as stipulated by Chapter 4, Sections 29 to 32 of SSMFS 2018:1. This medical surveillance consists of medical examinations, whose interval is determined by the doctor in consultation with the worker, with health declarations required during interim years. If no particular aspects are stated by the health declaration, the individual's health status is to be deemed unchanged.

### Medical examinations

A medical examination has the scope determined by the doctor, set in relation to the nature of the individual's intended work.

The worker is to be informed that an assessment of fitness for work and a decision taken based on such grounds may on request be examined by the Swedish Radiation Safety Authority under Chapter 4, Section 36 of SSMFS 2018:1.